

U3A HAWKESBURY INC. - CLASS INFORMATION 2022

* = No classes in school holidays.

= Restrictions on enrolments in these classes (see enrolment forms)

29.01.22

Class	When	Description	Limit
ALL THINGS TEXTILE	1 st & 3 rd Tuesday 10-12	<i>Jill Hurst</i> and the class inspire and teach each other and share resources in anything related to textiles – from knitting to cross-stitch – you name it we do it!	Max 12
AN HOUR WITH GRAHAM	1 st Monday 10-11	<i>Graham Swain</i> , gives various topics, eg Experiences in National Service, Future Developments in Agricultural Sciences.	Min 10 Max 25
*ART	1 st & 3 rd Monday 10-12	<i>Deidre Morrison</i> conducts a general art course using oils, watercolour, pastels, charcoal, ink. Students provide own materials which can vary depending on which mediums we choose to use.	Min. 6 Max. 10
BASIC BIBLE STARTING JUNE	2 nd Thursday 1-2	The aim of <i>Evy Fleming's</i> class is to give people an understanding of some of the teachings found in the Bible.	Min 3/4 Max 8
BIRDS OF THE HAWKESBURY - CLASSROOM	1 st Tues 10-12	<i>Ken Fraser</i> will lead this course about learning to recognise birds of the Hawkesbury area and finding out more about them via monthly classroom-based sessions. People can also enrol in the Birds of the Hawkesbury – Field Trips.	Min 6 Max 20
BIRDS OF THE HAWKESBURY – FIELD TRIPS	2 nd Tues 10-12	<i>Ken Fraser's</i> course involves monthly field trips to reserves and other locations to identify and observe local birds. This course complements the Birds in the Hawkesbury – Classroom course. Members can choose to enrol in both classes.	Min 6 Max 25
BOOK DISCUSSION	2 nd Friday 10-12	<i>Wendy Dunstan</i> convenes this friendly group who aim to interest each other in the books they have read.	
CAMERA & POST PHOTO-TECHNIQUES	3 rd Friday 10-12	In <i>Ron Milosh's</i> Camera and Post Photography Techniques class you will learn more about cameras, storage and editing photo files. Laptop/digital camera required.	Min. 3 Max. 9
#CARD MAKING	3 rd Tuesday and 3 rd Wednesday 1.30-4	<i>Suzanne Hinzmann</i> invites you to come and have a great time making cards, using a variety of techniques. Two separate classes. Cost \$20 p.a.	Max. 4
CIRCLE DANCING	1 st Wednesday 2-3.30	<i>Rae McCully and Marlene Durrant</i> will lead you in dances based on European folk dances. The repertoire has grown with hundreds more dances added over time.	Min 4 Max 16
COMPUTERS	Western Sydney University	This course covers a range of computing skills, co-ordinated by <i>Dianne Thompson</i> and taught by staff from Western Sydney Uni. The course is run in a mid-year and end-of-year block, with dates to be advised. Parking \$7	Min: 6 Max. 24
CLASSICAL MUSIC APPRECIATION	2 nd Tuesday 10-11.30	<i>Jeanette Hatch</i> will continue <i>David Harper's</i> class in the exploration of the life and music of classical composers with performances of their music.	Min 4 Max 8
CRYPTIC CROSS-WORDS BEGINNERS	2 nd & 4 th Thursday 11.30 – 12.30	Learn the basics of cryptic crosswords with <i>Penny Fraser</i> as she introduces the fun and challenge of these puzzles.	Min. 2 Max 6
CRYPTIC CROSS-WORDS CONTINUERS	1 st & 3 rd Tuesday 9.30 – 11.30	<i>Marilyn Tyers' Continuers</i> group have fun attempting to solve cryptic crosswords from various sources.	Min. 4 Max. 7
CRYPTIC CROSS-WORDS ADVANCED	2 nd & 4 th Tuesday 10-12	Advanced thinkers enjoy being challenged by more difficult setters of cryptic crosswords, convened by <i>Pam Edwards</i> .	Min. 4 Max. 7
ETHICS	2 nd Monday 12.30-2	<i>Ian Biddle's</i> group examines ethical issues that arise at a personal, national and international level. Non-judgemental discussions.	Min 5 Max. 20
#FRENCH BEGINNERS	2 nd Friday 11.30-1	<i>Jean Pitkin's</i> class will be structured based on students' knowledge of French language including previous enrolment in this class.	Min. 3 Max. 10
#FRENCH CONTINUERS	1 st Friday 11:30-1	<i>Jean Pitkin's</i> class will use reading materials to provide the basis for continuing study of French grammar and vocabulary.	Min. 3 Max. 10
FRENCH CONVERSATION	3 rd Wednesday 10.30-11.30	<i>Dianne Lanham's</i> class learns about French: listen to, write and practise speaking French. Prior knowledge of French required.	Max. 10
GARDEN RAMBLE	1 st or 2 nd Monday 10-12 (could vary)	<i>Brenda Clays</i> and others convene a fun morning for those who love gardening and sharing their plant knowledge. Day depends on host garden. Cost \$5 p.a.	
GENEALOGY	1 st Friday 1-3	<i>Chesne Jones' 'hands on'</i> group use a range of resources to find their ancestors. For beginners or those who have "hit a brick wall".	Min. 3 Max. 8
GERMAN CONT STARTING JUNE	2 nd & 4 th Wednesday 3-4	<i>Evy Fleming</i> will teach German for beginners and those with some knowledge of the language.	Min 3/4 Max 8
JAPANESE STARTING JUNE	2 nd & 4 th Wednesday 1.30-2.30	<i>Evy Fleming</i> will teach Japanese for beginners	Min 3/4 Max 8

LAW FOR SENIORS	Friday 8 weeks March – April Oct – Nov	This course, run by <i>Barry Wall</i> , covers retirement, superannuation, wills, Powers of Attorney, retirement units, nursing homes, death. Duration of course is eight weeks.	Min 2 Max 10
LAWN BOWLS	1 st & 3 rd Thursday 9.15-11.30	<i>Ian Biddle</i> and <i>Dieter Hinzmann</i> organise a morning of social bowling. Equipment/basic instruction provided. No prior experience necessary. Flat soled shoes/barefoot. Cost \$3 per session for green fees and morning tea.	Min 6 Max. 20
LIFE WRITING BEGINNERS	1 st & 3 rd Thursday 10-12	The Beginners class is a 2 year course. <i>Julienne Steward's</i> students begin by learning to put lifetime memories into story form.	Max. 5
LIFE WRITING CONTINUERS	2 nd & 4 th Thursday 10-12	<i>Julienne Steward's</i> class continue their stories about life experiences with the intention of preparing a completed book.	Max. 5
LOOKING AT LITERATURE 1	4 th Monday 10-12	<i>Jan Brown's</i> group reads and discusses classic and prize winning literature including novels, poetry, plays, children's books, etc.	Min. 4 Max. 8
LOOKING AT LITERATURE 2	4 th Friday 10-11.30	<i>Louise McKean</i> leads the group in reading and discussing all types of literature, e.g. novels, poetry, plays, children's books. Members must be prepared to read selected texts. There may be a cost for books if they are not available from the Hawkesbury Library.	Min. 4 Max. 10
*LUNCH CLUB	1 st Wednesday	<i>Bernie Stever</i> organises a social drive to lunch visiting interesting hotels with a bit of history thrown in.	Min 4 Max 8
MAH JONG CONTINUERS	1 st , 3 rd , 5 th Thursday 1-4	Convenor <i>Pam Peters</i> and her group provide a friendly atmosphere in which to enjoy this ancient Chinese game. Beginners are welcome.	
#MEDIEVAL HISTORY	3 rd Tuesday 9.45-10.45 or 11.15-12.15	Step back in time to discover the goings on that surrounded the English and Scottish monarchies and the effect of their decisions on the ordinary people. This class is led by <i>Jan Cousin</i> . Depending on numbers the classes may be merged.	Min. 4 Max. 8 Per class
*MEDITATION / RELAXATION	2 nd , 4 th Wednesday 10.30-12	<i>Michael Campbell</i> will lead you through various relaxation and meditation techniques aimed at quietening the mind and relaxing the body.	Min. 4 Max. 12
MODEL MAKING FOR MEN	2 nd & 4 th Saturday 1-4	<i>Peter McHugh</i> convenes a men's group to make model boats, planes, trains and automobiles or just come and shoot the breeze. No experience necessary.	Min 6 Max
MODERN DAY TECHNOLOGY	Thursday Weekly 10-12	<i>Ray Hart</i> teaches use of new technology in everyday life. Mobile devices and technology in the home.	Min. 4 Max. 14
MUSIC REVOLUTION OF THE SIXTIES	2 nd & 4 th Monday 10-12	Were you there? <i>Ken Fraser</i> was. Popular music changed forever in the 1960s. This course will explore the music genres, lyrics and social changes of the time (plus a bit of nostalgia and fun).	Min 6 Max 20
OLD TIME DANCING	1 st & 3 rd Thursday 9.45-11.45	Old Time, Ballroom and New Vogue Sequence Dancing. No experience necessary. Good exercise, fun and friendship led by Tom Barber and Pam Lawson.	Min. 6 Max.
PATCHWORK	2 nd & 4 th Friday 10-12	In <i>Stephy Beseau's</i> class learn the techniques of patchworking by hand, use of colour, new tools; work together on community quilts; pick up tips. Cost: \$1 per class.	Min. 10 Max. 17
PHILOSOPHY – INTRODUCTION TO EASTERN PHILOSOPHY	1 st & 3 rd Wednesday 10-12	<i>Roger Packham</i> will co-ordinate a series of recorded professional lectures and discuss issues and links to western philosophy. Preference will be given to philosophy students of U3A from 2020 and 2021.	Min. 6 Max.15
PHOTOGRAPHY FOR ALL	1 st , 3 rd & 5 th Thursday 9.30-12	<i>Julie Wilson</i> leads this class. The 1 st Thursday will be theory and sharing; the 3 rd and 5 th Thursdays are field trips and day outings to practice and have FUN. Beginners to more advanced participants welcome.	Min: 4 Max:
SAMBA (CARDS)	3 rd Monday 1-3.30	<i>Pam Peters</i> leads this group of Samba enthusiasts. New members welcome, you can always be taught to play. Canasta may also be included.	
SOCIAL ART AND CRAFT	2 nd & 4 th Wednesday 1.30-3.30	This is a non-teaching class co-ordinated by <i>Jeni Chalmers</i> that offers a casual friendly environment in which to finish art and craft projects. Bring along your work – all mediums welcome from adult colouring through to pastels, cards and oils. Note: Tea, coffee and chatting will also be available.	Min. 5 Max. 9
SPANISH CONVERSATION	Weekly Tuesday 10-12	<i>Henry Betancur's</i> class is intended for those who want a basic level of Spanish language, for example to travel to a Spanish-speaking country.	Max. 6
#TABLE TENNIS (2)	Tuesday Weekly 2-4	<i>Allan King</i> organises two hours of table tennis fun. All welcome with any or no ability. Social game enabling all participants in physical/social good health. All welcome regardless of ability.	Min. 8 Max. 20
#TABLE TENNIS (1)	Friday Weekly 2-4	<i>Margaret Vickery</i> organises two hours of table tennis fun.	Min. 4 Max. 20
TABLETOP GAMES	1 st & 3 rd Tuesday 1-3	Card games and Scrabble (and possibly other games) are offered for a fun afternoon and mental stimulation led by <i>Jean Pitkin</i> and <i>Pam Peters</i> .	
*TAI CHI	Thursday Weekly 3.30-4.30	<i>Margarete Formanek's</i> group have the opportunity to de-stress and work on harmonising the mind, body and soul in a relaxed atmosphere. Some knowledge of the 6 levels of Tai Chi preferred.	Min. 6

TAI CHI SHIBASHI	Weekly Monday 9.30-10.15	<i>Jeanette Hatch</i> leads the class in gentle Tai Chi exercises to relax the mind and body.	Min. 10
TATTING	1 st & 3 rd Monday 2-4	Starting with small items, e.g. bookmarks, <i>Liz Anderson</i> will teach knotted lace (tatting) using a shuttle. Bring cotton, scissors and shuttle. Contact tutor for list.	Min. 2 Max. 8
THEATRE (THE STORY OF)	1 st & 3 rd Wednesday 12.30-1.30	<i>Meg Shepherd</i> follows the development of western theatre from Ancient Greece to mid-16 th century – up to the time of William Shakespeare.	Min. 3
TRAVELLER'S TALES	4 th Tuesday 2-3.30	Armchair travel across the world with <i>Wendy Dunstan's</i> class.	Min.4
UKULELE	1 st & 3 rd Monday 10-12	<i>Denise Lazdans</i> teaches how to "strum a tune" on the ukulele. Beginners welcome and encouraged. Bring your own ukulele; music stand and songbook recommended. When days permit once a month we will meet at Pugh's Lagoon for a strum-along. \$150 approx. Students need music stand, Club Book 1 or 2, ukulele	Min. 6 Max. 25
*WALKING FOR PLEASURE	4 th Wednesday Various - TBA	Social wandering about in bush settings, Sydney Harbour foreshore or historical parts of Sydney taking time to observe flowers, birds and beautiful scenery. Enjoy a cuppa, cake and good company with <i>Alan Conradi</i> .	Min 2 Max 10
WATERCOLOUR ART	2 nd & 4 th Tuesday 1.30-3.30	<i>Julia Thorpe</i> teaches watercolour art. Beginners to advanced welcome. Discover the delights of watercolour at any level. If you might be interested come to the first lesson to decide.	Min. 6 Max 16
WORLD HISTORY	2 nd & 4 th Wednesday 9.45-12	<i>Sonia Friscic</i> will begin this course with the peopling of the world - the rise of civilisations across the world. The rise of language, writing and religion. We will cover the movement of peoples and the rise and fall of empires from the ancient world until now.	Min. 6