

U3A HAWKESBURY INC. - CLASS INFORMATION 2023

Notes: *This schedule of courses is subject to change as new courses are created and others may not proceed. All classes have minimum and maximum participant numbers. Waiting lists will be created where required.*

** = No classes in school holidays*

=Restrictions on enrolments in these classes (see enrolment forms)

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Class ID	Class	Description	When	Location	Leader
29-01	ALL THINGS TEXTILE	In this class we inspire and learn from each other, and share resources in anything related to textiles – from knitting to cross-stitch – you name it we do it!	1 st & 3 rd Tuesday 10-12	Hawkesbury Skills Centre	Jill Hurst
2-01	*ART	In this general art course participants will use oils, watercolour, pastels, charcoal, and ink. Students will need to provide their own materials which can vary depending on which mediums we choose to use. The tutor will provide advice about these.	1 st & 3 rd Monday 10-12	Richmond Art Supplies	Deidre Morrison
1-01	BIRDS OF THE HAWKESBURY - CLASSROOM	The Hawkesbury area is known as a birding "hotspot" for Sydneysiders, with birds from the coastal plains and the mountains in our area. In this course you will learn to identify local birds and learn about their behaviour. Members can also enrol in the Birds of the Hawkesbury – Field Trips.	2 nd Tues 9.30-11.00 or 11.15-12.45	Hawkesbury Skills Centre	Ken Fraser
31-01	BIRDS OF THE HAWKESBURY – FIELD TRIPS	This course involves field trips to local (and sometimes not-so-local) birding spots, looking to observe and identify birds. You are encouraged to bring binoculars to help with observations. Advice can be provided about this by the Tutor. Members can also enrol in Birds of the Hawkesbury - Classroom.	4 th Tues 10-12	Various locations TBA	Ken Fraser
33-01	BOOK DISCUSSION	In this friendly group, members get to interest each other in the books they have read.	2 nd Friday 10-12	Hawkesbury Skills Centre	Wendy Dunstan
36-01	*BRIDGE CARD GAME	Forget what you've heard - Bridge is a fun game that is easy to learn. These classes will teach you the basics and provide opportunities to practise in a casual supportive environment. This course runs for 10 successive weeks, although there may be a couple of weeks where the class will be deferred, which will extend the end date. More details on this will be available in 2023.	Every Wednesday for 10 weeks	Richmond Neighbourhood Centre	Chris Phippen
51-01	CAMERA & POST PHOTO-TECHNIQUES	In the Camera and Post Photography Techniques class you will learn more about cameras, storage and editing photo files. Laptop/digital camera required.	3 rd Friday 10-12	Hawkesbury Skills Centre	Ron Milosh
54-01 & 54-02	# CARD MAKING	Come and have a great time making cards, using a variety of techniques. Materials cost is approximately \$20 p.a.	3 rd Tuesday and 3 rd Wednesday 1.30-4	Private home Windsor Downs	Suzanne Hinzmann
16-01	CIRCLE DANCING	You will be led in dances based on European folk dances. The repertoire has grown with hundreds more dances added over time.	1 st & 3 rd Wednesday 2-3	North Richmond CC	Rae McCully & Marlene Durrant
52-01	CLASSICAL MUSIC APPRECIATION	This class will explore the life and music of classical composers and include performances of their music.	2 nd Tuesday 10-11.30	Hawkesbury Skills Centre	Meg Shepherd
50-01 & 50-02	COMPUTERS AT WSU	This course covers a range of computing skills, taught by staff from Western Sydney University in one of their computer rooms. It covers computing skills and knowledge suitable for seniors. The course is usually run in a mid-year and end-of-year block of three classes over three weeks, with dates to be advised. Parking in the university grounds is \$7.	Dates TBA	Western Sydney University	Coordinator: Dianne Thompson

34-01	CRYPTIC CROSS-WORDS CONTINUERS	Members in the "Continuers" group have fun attempting to solve cryptic crosswords from various sources	1 st & 3 rd Tuesday 9.30 – 11.30	Private home Londonderry	Marilyn Tyers
21-01	CRYPTIC CROSS-WORDS ADVANCED	Advanced thinkers enjoy being challenged by more difficult compilers of cryptic crosswords.	2 nd & 4 th Tuesday 10-12	Private home Richmond	Pam Edwards
42-01	EASY WALKING	Easy Walking will involve the 3 things that are important for all of us as we age: Exercise, an Active Mind and Socialising. The walks will be around Richmond and Windsor and will last for approximately 1 hour. We will start and finish at the same location. After the walk, for those interested, we will sit down for a coffee and a chat. Good walking shoes and water are essential.	1 st , 3 rd & 5 th Tuesday	Various, around Richmond and Windsor	Annette Haynes
27-01	#FRENCH BEGINNERS	This class starts from the presumption of little or no knowledge of the French language and focuses on the gradual acquisition of grammar and vocabulary. No late enrolments except with approval of the tutor.	1 st & 3 rd Friday 12.30 – 1.30	Hawkesbury Skills Centre	Jean Pitkin
28-01	#FRENCH CONTINUERS	This class will use reading materials to provide the basis for continuing study of French grammar and vocabulary.	1 st & 3 rd Friday 11 - 12	Hawkesbury Skills Centre	Jean Pitkin
8-01	FRENCH CONVERSATION	This class learns about French: listening to, writing and practising speaking French. Prior knowledge of French is required.	3 rd Wednesday 10.30-12	Hawkesbury Skills Centre	Jan Brown
37-01	GARDEN RAMBLE	This activity involves visiting gardens in the Hawkesbury area. It is a fun morning for those who love gardening and sharing their plant knowledge. The day can be the 1st Monday or the 2nd Monday of the month, depending on the garden being visited. Group members are advised about this. Cost \$5 p.a.	1 st or 2 nd Monday 10-12	Various locations TBA	Brenda Clays
9-01	GENEALOGY	This is a 'hands on' group that uses a range of resources to find their ancestors. For beginners or those who have "hit a brick wall".	1 st Friday 1-3	Windsor Library	Chesne Jones
10-01	HAWKESBURY UKULELE GROUP	In this course you will be taught how to "strum a tune" on the ukulele. Beginners welcome and encouraged. When days permit once a month we will meet at Pugh's Lagoon for a strum-along. Students will need a music stand, Club Book 1 or 2 and a ukulele with the approximate cost of \$150.00. The tutor can provide advice on this.	1 st & 3 rd Monday 10-12	Hawkesbury Skills Centre	Denise Lazdans
7-01	LACE MAKING	Different forms of lace making including tatting, crochet, bobbin lace (torchon) or knitted lace. Students may choose the skill they would like to learn or practise. Cost of materials will be from \$10.00 depending on craft. Contact tutor for details.	1 st & 3 rd Monday 2-4	Hawkesbury Skills Centre	Liz Anderson
	LAW FOR SENIORS	It is proposed to offer this course during 2023. The course will run for 6-8 weeks and will cover retirement, superannuation, wills, Powers of Attorney, retirement units, nursing homes and death. More details will be provided when available.	TBA	TBA	TBA
43-01	LAWN BOWLS	This is a morning of social bowling. Equipment and basic instruction is provided, and no prior experience is necessary. Participants need to wear flat soled shoes or go barefoot. The cost is \$3 per session which covers green fees and morning tea.	1 st & 3 rd Thursday 9.15-11.30	Windsor Bowling Club	Ian Biddle & Dieter Hinzman
50-01	LIFE WRITING BEGINNERS	The Beginners class is a 2 year course. The students begin by learning to put lifetime memories into story form.	1 st & 3 rd Thursday 10-12	Private Home Bligh Park	Julienne Steward
49-01	LIFE WRITING CONTINUERS	In this class, students continue their stories about life experiences with the intention of preparing a completed book.	2 nd & 4 th Thursday 10-12	Private home Bligh Park	Julienne Steward
11-01	LOOKING AT LITERATURE	This group reads and discusses classic and prize winning literature including novels, poetry, plays, children's books, etc	4 th Monday 10-12	Hawkesbury Skills Centre	Jan Brown

5-01	MAH JONG CONTINUERS	This group provides a friendly atmosphere in which to enjoy this ancient Chinese game. Beginners are welcome.	1 st , 3 rd , 5 th Thursday 1-4	Hawkesbury Skills Centre	Pam Peters
40-01	#MEDIEVAL HISTORY	Step back in time to discover the goings on that surrounded the English and Scottish monarchies and the effect of their decisions on the ordinary people. Depending on numbers, the classes may be one group, or split into two: 9:45 - 10:45, and 11:15 - 12:15.	3 rd Tuesday 9.45-10.45 or 11.15-12.15	Hawkesbury Skills Centre	Jan Cousin
20-01	*MEDITATION / RELAXATION	You will be led through various relaxation and meditation techniques aimed at quietening the mind and relaxing the body.	2 nd Wednesday 10.30-12	Hawkesbury Skills Centre	Michael Campbell
3-01	MODEL MAKING FOR MEN	This activity is a men's group where the participants make model boats, planes, trains and automobiles or just come and shoot the breeze. No experience necessary.	2 nd & 4 th Saturday 1-4	Hawkesbury Skills Centre	Peter McHugh
44-01	MODERN DAY TECHNOLOGY	In this course you will learn about the use of new technology in everyday life, including mobile phones, tablets and technology in the home.	Thursday Weekly 10-12	Hawkesbury Skills Centre	Ray Hart
38-01	*MOVIE-GOERS	This activity is for people who enjoy socialising and seeing quality movies. Each person will purchase their own ticket. Afterwards, for those interested, we will adjourn to a local coffee shop for some "in-depth" discussion about the movie.	2 nd & 4 th Friday 10-12.30 approx	Richmond Regent Theatre	Annette Haynes
32-01	MUSIC REVOLUTION OF THE 60S AND 70S	This course covers the music and social and cultural events of the 1960s, rolling into the 1970s. What a significant time that was for those who were there. It continues from the course conducted in 2022, and new members are very welcome to climb on board. As well as reviewing video clips of the period, we plan to have interesting discussions, some fun and to indulge in a bit of nostalgia. We might also manage some live music and singing along the way.	2 nd and 4 th Mondays 10-12	Hawkesbury Skills Centre	Ken Fraser
41-01	OLD TIME DANCING	Old Time, Ballroom and New Vogue Sequence Dancing. No experience necessary. Good exercise, fun and friendship	1 st & 3 rd Thursday 9.45-11.45	Richmond School of Arts	Pam Lawson
13-01	PATCHWORK	In this class you will learn the techniques of patchworking by hand, use of colour, new tools; work together on community quilts; pick up tips. Cost: \$1 per class.	2 nd & 4 th Friday 10-12	Windsor CWA	Stephy Beseau
22-01	PHOTOGRAPHY FOR ALL – BEGINNERS AND CONTINUERS	Participants will have the opportunity to share their photographic experiences and results, as well as learning some basics. Time will be allocated for more advanced learning as well, which beginners may wish to opt out of.	1 st Thursday 9.30-12	Hawkesbury Skills Centre	Julie Wilson
23-01	PHOTOGRAPHY OUTINGS	Outings specifically organised to places of interest for participants to practise their skills in photography. There may be a cost for personal travel and entry fees.	3 rd and 5 th Thursday TBA	Various locations TBA	Julie Wilson
17-01	* RECYCLE, RESTORE, REUSE	In this course we are trying to help the environment by converting our household throw-away items into reusable items. In short - convert your trash into works of art. There will be lots of ideas to get you inspired. Paints and brushes will be provided. Just bring an apron and your throw away item.	2 nd Thursday 1.30-3	Hawkesbury Skills Centre	Mangal Prabhu
6-01	SAMBA (CARDS)	This is an interesting card game similar to Canasta to stimulate your brain. New members are welcome and you can always be taught to play. Canasta and other card games may also be played.	3 rd Monday 1-3.30	Hawkesbury Skills Centre	Pam Peters
26-01	SCRABBLE	Would you like to test your brain and have fun doing it? Scrabble could be just the thing for you. Join our class and lose yourself in words and strategies - two hours will never pass so quickly. We welcome everyone even if you haven't played before - expert tuition available!	1 st and 3 rd Tuesday 1 - 3	Hawkesbury Skills Centre	Jean Pitkin
25-01	SOCIAL ART AND CRAFT	This is a non-teaching class that offers a casual friendly environment in which to finish art and craft projects. Bring along your work – all mediums welcome from adult colouring through to pastels, cards and oils. Note: Tea, coffee and chatting will also be available.	2 nd & 4 th Wednesday 1-3	Hawkesbury Skills Centre	Jeni Chalmers

14-01	#TABLE TENNIS TUESDAY	This activity is a great outlet for fun and exercise. Come along and participate with a very happy group.	Tuesday Weekly 2-4	Richmond Club	Allan King
39-01	#TABLE TENNIS FRIDAY	Two hours of Table Tennis fun.	Friday Weekly 2-4	Richmond Club	Liz Anderson & Penny Fraser
15-01	*TAI CHI	In this group you have the opportunity to de-stress and work on harmonising the mind, body and soul in a relaxed atmosphere. Some knowledge of the 6 levels of Tai Chi preferred	Thursday Weekly 3.30-4.30	North Richmond CC	Margarete Formanek
18-01	TAI CHI SHIBASHI	This class involves gentle Tai Chi exercises to relax the mind and body in the perfect setting of Pugh's Lagoon, Richmond. If this area is waterlogged, the alternate venue is Laurence Street, Hobartville, adjacent to the children's play equipment.	Weekly Monday 9.30-10.15	Pugh's Lagoon or alternative	Jeanette Hatch
19-01	THEATRE THROUGH THE AGES	Why do humans use songs, stories and dance both to communicate important ideas and simply entertain each other? They have done this for thousands of years and it is what live theatre performance is all about. So join us to follow the story of theatre from earliest recorded history right up to the present day.	1 st Wednesday 12 – 1 & 4 th Wednesday 10-11	Hawkesbury Skills Centre	Meg Shepherd
35-01	TRAVELLER'S TALES	Group members enjoy armchair travel across the world, with a range of well-travelled presenters showing photos and telling tales.	4 th Tuesday 2-3.30	Hawkesbury Skills Centre	Wendy Dunstan
4-01	WALKING FOR PLEASURE	This class involves social wandering about in bush settings, Sydney Harbour foreshore or historical parts of Sydney taking time to observe flowers, birds and beautiful scenery. Enjoy a cuppa, cake and good company. A general level of fitness is required but walks will be tailored to the ability of the group. Class times may be extended due to travel to and from chosen locations.	1 st & 3 rd Friday Time TBA	Various locations TBA	Alan Conradi
24-01	WATERCOLOUR ART	Beginners to advanced are welcome. Discover the delights of watercolour at any level. Julia's methods will have you painting attractive pictures very quickly. If you might be interested come to the first lesson before enrolling. Begin with minimum requirements to save costs.	2 nd & 4 th Tuesday 1.30-3.30	Hawkesbury Skills Centre	Julia Thorp
30-01	*WHAT'S THE POINT	What gets you up in the morning (or perhaps in the afternoon)? Join us in our exploration of the eternal search for meaning and purpose. We will discuss a range of perspectives that over millennia have evolved in an attempt to answer the question: "What is the meaning of Life?" This short, four session course will require some pre-reading (material provided) and a willingness to share ideas and insights in a small group setting.	2 nd and 4 th Wednesdays 1 - 2.30 for 4 sessions	Hawkesbury Skills Centre	Michael Campbell